

With our last 2018 race in sight it's time to look ahead on what's to come:



Bovington Virtual

From 1st December to 31st December 2018 log all the miles you run or walk. For £20 you can choose the medal you would like to earn and will also receive a WSR Bovington muff.

Medals available:

2016 100 years of Tanks showing a Mark 1 Mother for the marathon and Challenger 1 on the half marathon medal.

2017 Marathon medal showing Tiger 1 and Half marathon a Sherman Firefly.

Part of this includes a donation of 20% to Scottys Little Soldiers, a charity dedicated to supporting children & young people who have lost a parent whilst serving in the British Armed Forces.

Please take a look at Full On Sports for more details of our **Virtual Bovington Race**. <https://www.fullonsport.com/e.../wsr-virtual-bovington/profile> Basically run as far as you like in December 2018 and you will get the medal of your choice.

White Star Clothing is Live!

The team have been working very hard behind the scenes to make our amazing clothing range live on the world wide web. It's finally happened and you can now get your hands on a wide range of items in various designs from vests and t-shirts to hoodies and hats. As well as all your race memorabilia and essentials.

Funky ranges with unique designs that will have your running mates jealous. We also offer a click and collect service if your coming to an upcoming WSR event we'll bring your order along to save you postage.

To start shopping visit www.whitestarclothing.co.uk



2019 Confirmed Dates

Dark Moors night races are our opener for 2019, with a 5m and 10m on a wintery Saturday evening in the beautiful surroundings of Moors Valley Country Park. Entries available here <http://whitestarrunning.co.uk/dark-moors-2019/>

Larmer Tree Races makes a return in it's glorious new format with the Dark race on Saturday evening, so there's a distance to suit everyone for early marathon season.

<http://whitestarrunning.co.uk/larmer-tree-races-2/>

Ox Races take place 10-12th May on Rushmoor Estate, with a variety of distances and challenges <http://whitestarrunning.co.uk/ox-races-2019/>

New for 2019 24hr Frolic, a new 24 hour race at Lulworth Castle in Dorset. Solos, pairs and teams from 3 up to 8 runners have 24 hours to run as many laps as they want/can/feel like at the fabulous Lulworth Castle.

A weekend at the races, at Moreton for next year on 5 - 7 July 2019. Friday a Summer session race lapped, starting at 8 am and open until 9pm. Saturday a Unicorn themed FROLIC....unfortunately team availability only. Also kids race for 2 miles with unicorn

medals and muffs for the kids. Sunday Moreton marathon alongside Moreton 10m which will become a one lap race this year. <http://whitestarrunning.co.uk/weekend-at-the-races/>

Cider Frolic and Piggy Plod will make a return for 2019 on 28 & 29 July set on the beautiful Cranbourne Chase Cider home. Your chance to start the school holidays in style with a weekend away for all the family. <http://whitestarrunning.co.uk/cider-frolic-piggy-plod-2019/>

Crafty Fox will return on the same weekend as this year - 7 & 8 September with a tough trail course, taking in some spectacular views from Antsy <http://whitestarrunning.co.uk/crafty-fox-2019/>

Our second new race for 2019 is Run Jurassic, a variety of coastal races over weekend of 28 and 29 September, with entries expected to open soon.

Cupless Frolic's

For 2019 we are trialling having cupless events at the frolic races. To help reduce our waste you'll need to bring a cup or bottle to use. Aid station staff will fill up your vessel whenever you like and you can even leave it at the aid stations if you wish, where our crew will look after them. Don't fear if you don't think you have a suitable cup, then we have some new designs coming in next week that will be available from whitestarclothing.co.uk



Once again taking place in January this amazing Running Expo in Birmingham has lots of brilliant speakers and organisations attending- we'll be there again and it's set to be bigger & better this year so make sure you get your tickets before they all go <https://nationalrunningshow.com/>

Can you help make a WSR event special?

Our events couldn't happen without the fantastic marshals who volunteer and make sure your safe and have an enjoyable event.

If your ever injured or looking to help out we will always be able to find you a role, just drop us an email to say your available accounts@whitestarrunning.co.uk



We'll keep you regularly up to date on our Facebook page so make sure your following us to get the most up to date info <https://www.facebook.com/whitestarrunning/>