

# 2022 White Star Running Events

Our races are based in and around Dorset and come with an 'ish'; we aim to be as close as we can to the distance, but when running rural the paths go where they want!

## march

### Spring Larmer Tree

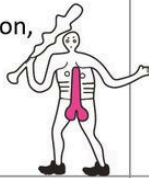
Sat 5th – 10 Miles  
(Imperial Race),  
Half Marathon  
Sun 6th – 7 Miles,  
20 Miles, Marathon



## june

### Giants Head Marathon & Sydling Bell Race

Sat 25th – Giants Head Marathon,  
Sydling Hill Race  
Sun 26th – Chaos Bell Race  
(5K), Giants Half



## july

### Cranborne

Sat 16th – Frolic (12 hours),  
Kid's Race  
Sun 17th – Half Marathon,  
10K



## september

### Run Jurassic

Sat 24th – Marathon,  
Ultra Marathon  
Sun 25th – 10K,  
Half Marathon, Kid's Race



## january 2023

### Dark Moors

Sat 28th – 5M, 10M



## may

### The Ox

Fri 6th – Dark Ox 10.5K (at night)  
Sat 7th – 50 Miles, Ox Frolic (12 hours)  
Sun 8th – Light Ox  
(10.5K in the day),  
Ox Half Marathon



## june

### Weekend at the Races

Thu 2nd – Twilight Unicorn  
Fri 3rd – Moreton Marathon,  
Half Marathon, Little Unicorns  
Sat 4th – Unicorn Frolic  
Sun 5th – Moreton 10 Miles



## july

### Cider Frolic & Piggy Plod

Fri 29th – Cider Sessions (8 hours)  
Sat 30th – Cider Frolic (12 hours)  
Sun 31st – Piggy Plod  
(10K for adults, 4K for kids)



## november

### Dark Valley

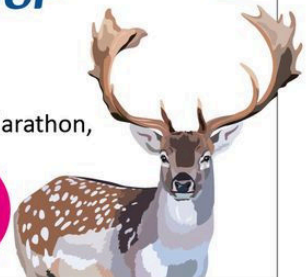
Sat 12th – 10K, Half Marathon



## december

### Mapperton Muddle

Sat 10th – Half Marathon,  
10K



## DOG FRIENDLY RACES

The races below are ones you can enter with a canine friend. They start 15 minutes (ish) ahead of the main pack of runners: Larmer Tree 10 & 7 Miles, Ox Frolic Solo and Light Ox.

## WHAT IS A FROLIC?

8 or 12 hours to run as much as you'd like! Complete at least one lap to get your medal. You can run in teams of 4, 3, 2, or go solo!  
<https://whitestarrunning.co.uk/how-to-run-a-frolic/>



WHITE STAR RUNNING

To enter and for full race information visit [whitestarrunning.co.uk](https://whitestarrunning.co.uk)

