

<b>Race no.</b>	<b>name</b>	<b>club</b>	<b>sex</b>	<b>cat</b>	<b>time</b>	<b>position</b>
289	Mr Paul Rose	Maiden Newton Runners	m	M50	03:41:45	1
173	Sacha Kenny	Wimbledon Windmiler	m	M40	03:43:33	2
189	Ian Edwards	Poole runners	m	M50	03:43:54	3
219	James Mills		m	M35	03:46:46	4
267	Gavin Pritchard		m	M35	03:46:46	5
375	Andy Wicks	Cheddar Running Club	m	M30	03:48:39	6
5	Paul Allen	100 Marathon Club	m	M45	03:49:07	7
140	William Bryer		m	M35	03:51:28	8
307	Charles Sharp		m	M30	03:52:30	9
224	Rob Minton	Stratford-upon-Avon Athletic Club	m	M35	03:56:16	10
57	Richard Cottle		m	M50	03:58:13	11
153	Shaun Howie	Westbury Harriers	m	M30	04:06:17	12
327	Jackie Stretton	Nuclear Races	w	Women	04:06:25	13
150	Mike Hoskin		m		04:06:46	14
113	Mark Glanville	Lordshill Road Runners	m	M35	04:08:47	15
206	judy mccabe	isle of wight road runners	w	W35	04:09:58	16
368	Alex Whearity	Reading Joggers	m	M30	04:11:03	17
200	Nick Marsh		m	M30	04:11:06	18
299	John Sawyer		m	M40	04:12:42	19
345	Joe Urwin		m	M35	04:14:48	20
53	Malcolm Collins	Astley & Tyldesley Road Runners	m	M45	04:15:51	21
306	Tony Sharkey		m	M40	04:16:47	22
35	tom bullivant	Southville running club	m	M30	04:17:07	23
211	Roddy McLean	Chard Road Runners	m	M40	04:17:14	24
323	Christopher Stanley-Smith	Team Bath Athletics Club	m	M40	04:18:32	25
251	Stephen O'Shea	Mud Crew Trail Runners	m	M55	04:18:42	26
239	Patrick Munn	Mud Crew Trail Runners	m	M50	04:18:42	27
147	Stuart Holloway	City of Salisbury A&RC	m	M30	04:18:55	28
364	David Webb	Maiden Newton Runners	m	M50	04:19:51	29
108	Nick Gavin	Lytchett Manor Striders	m	M35	04:19:52	30
128	Lisa Hale	Sandhurst Joggers	w	W35	04:20:57	31
291	Diane Roy	Mud Crew Trail Runners	w	W50	04:21:47	32

180	Rob Knight		m	Men	04:22:26	33
241	Tom Murrin		m	M30	04:24:14	34
83	Adam Edwards	Chippenham Harriers	m	M40	04:24:57	35
20	mark Bennett		m	M40	04:25:14	36
82	shaun east	Reading Joggers	m	Men	04:25:14	37
380	Guy Williams	Yeovil Town RRC	m	M50	04:27:53	38
59	Stephen Cousins	Worthing and District Harriers	m	M45	04:32:02	39
308	Richard Shlovogt	Worthing Harriers	m	M35	04:32:02	40
348	MEL VAYLE	BROUGHTON BOUNDERS	m	M45	04:32:55	41
8	David Ames		m	M45	04:32:57	42
281	Nigel Ring		m	M45	04:35:36	43
334	Ross Telford	Poole AC	m	M45	04:35:44	44
365	Paul Welch	Egdon Heath Harriers	m	M45	04:36:59	45
287	Christian Rodiger		m	M30	04:37:23	46
324	Neal Stayner	Langport runners	m	M45	04:37:34	47
115	Liz Goldsack	Purbeck Runners	w	W45	04:37:34	48
275	Matt Rawlingson-Plant		m	M40	04:37:57	49
15	Ian Baxter		m	M45	04:38:30	50
54	Colin Collis	Southville Running Club	m	M45	04:40:00	51
363	Mark Watkins	Wye Valley Runners	m	M45	04:40:18	52
333	Beth Taylor- Jones	100 Marathon Club	w	W45	04:40:34	53
60	Alex Thompson	Lytchett Manor Striders	m	M40	04:40:53	54
77	Paul Downes	Poole Runners	m	M30	04:41:05	55
383	Sophie Willington		w	W35	04:41:23	56
152	Joel Howard		m	M30	04:41:36	57
265	Dave Price	TRA	m	M40	04:41:38	58
201	Gary Martin	Plymouth Musketeers	m	M45	04:42:47	59
411	Malcolm Venn		m	M45	04:43:00	60
183	Moira Leishman		w	W45	04:44:47	61
237	Claire Mullaney		w	W35	04:44:47	62
199	Andrew Mansfield		m	M45	04:45:28	63
339	Joseph Tibble		m	M30	04:45:43	64
351	Matt Thomas		m	M35	04:45:46	65

230	pete morgan	Fetch Everyone Running Club	m	M40	04:45:46	66
340	Dave Tilsley	Yeovil Town RRC	m	M45	04:46:04	67
131	belinda harding	VICTORY A.C.	w	W55	04:46:21	68
151	John Howard	Langport runners	m	M45	04:47:39	69
86	Dimitri Elenis	New Forest Runners	m	M40	04:48:18	70
318	Jools Smith		m	M40	04:48:59	71
361	Jane Ward	Dorset Doodlers	w	W45	04:49:42	72
317	Helen Smith		w	W45	04:49:44	73
44	Pete Chandler	Wimbledon Windmilers/PSOF	m	M45	04:50:55	74
353	GARY WADE	100 Marathon Club	m	M55	04:51:44	75
410	Kirstie Lewis	bruton running club	w	W40	04:52:13	76
184	Jason Lewis	bruton running club	m	M40	04:52:13	77
404	Melanie Langer		w	W35	04:52:25	78
165	Steve Jackson	Mud Crew Trail Runners	m	M55	04:52:28	79
286	Michael Rodger		m	M40	04:53:20	80
342	Guy Trevor-Jones		m	Men	04:53:47	81
120	Stephen Greenhalgh	Ludlow Runners	m	M40	04:54:27	82
168	Mike Karth	Southville Running Club	m	M40	04:55:03	83
314	MARTIN SMITH	Lytchett Manor Striders	m	M40	04:57:23	84
252	Stewart O'Toole	Dartford Road Runners	m	M35	04:58:05	85
204	Paul Masters	Chard Road Runners	m	M55	04:58:21	86
24	SIMON BODSWORTH	TONEZONE	m	M45	04:58:28	87
352	JUDITH VLAARKAMP	Lytchett Manor Striders	w	W35	04:59:24	88
202	Andrew Mason	Springfield Striders	m	M50	04:59:28	89
236	Seb Moulding		m	U23	05:00:22	90
388	Wendy Woodhouse	Leamington AC	w	W45	05:00:39	91
198	Brendon Maclean	Harlow Running Club	m	M30	05:01:11	92
285	Angus Robinson	GM Fire and Rescue	m	M50	05:01:33	93
176	Ken Kingston	Plymouth Musketeers	m	M40	05:02:42	94
264	Mat Price	SMCD	m	M35	05:03:35	95
310	Stewart Sims-Handcock		m	M40	05:04:17	96
405	Carl Miles	Mud Crew Trail Runners	m	M40	05:04:44	97
154	Mike howie	Westbury Harriers	m	M30	05:04:59	98

99	sean flynn	Harlow Running Club	m	M55	05:05:08	99
137	Gary Haylock	Royal Manor of Portland AC	m	M45	05:05:59	100
341	Helen Tingey		w	Women	05:06:31	101
208	Tim McIntyre	Sutton runners	m	M55	05:06:58	102
217	Ian Miller		m	M45	05:07:52	103
61	Jon Cox		m	M30	05:08:43	104
182	Christopher Lamb	Lordshill Road Runners	m	M40	05:08:50	105
19	naomi bennett	Littletdown Harriers	w	W50	05:10:10	106
304	Kieron Scrutton		m	M40	05:10:26	107
81	anna Drew	Chard Road Runners	w	W30	05:10:51	108
207	Neil McCarthy	Tamar Trotters	m	M40	05:11:15	109
372	Jim Whitmarsh	Eastleigh Running Club	m	M55	05:11:19	110
36	Colin Bunting	Tamar Trotters	m	M45	05:11:20	111
294	Sarah Salt		w	W40	05:11:41	112
92	martyn ewers	devon & cornwall police ac	m	M35	05:12:46	113
97	97 Leo Lundy	100 Marathon Club	m	M50	05:13:25	114
336	Emma Rathbone	West End Runners	w	W35	05:16:04	115
90	Alan Evans		m	M45	05:16:44	116
263	Carl Ponder		m	M35	05:17:21	117
298	Anne Saunders		w	W55	05:17:32	118
255	Sarah Pailing		w	W40	05:17:44	119
45	reg chapman	Littletdown Harriers	m	M60	05:17:49	120
319	ben snell		m	M40	05:18:49	121
178	Stephen Knell	Egdon Heath Harriers	m	M40	05:19:17	122
276	Mike Read	Egdon Heath Harriers	m	M55	05:19:30	123
409	Dawn Reed	Egdon Heath Harriers	w	W55	05:19:30	124
223	Lucia Minto	Crystal Palace Fun Runners	w	W30	05:20:01	125
38	Brendan Campbell		m	Men	05:20:09	126
96	Brian Fields	Egdon Heath Harriers	m	M45	05:21:42	127
193	Steve Luke	Egdon Heath Harriers	m	M45	05:21:42	128
406	Frances Anderson	Egdon Heath Harriers	w	W55	05:21:44	129
222	John Masterson	Egdon Heath Harriers	m		05:21:44	130
74	Nicky Whitley	Egdon Heath Harriers	m	M35	05:21:44	131

370	Philip Whitehurst	Wimborne AC	m	M45	05:22:01	132
46	Charlotte House	Wimborne AC	w	W35	05:22:01	133
37	Debbie Camp	Bournemouth Joggers	w	W50	05:22:19	134
234	Richard Moss		m	M45	05:22:19	135
392	gavin wyatt	Chard Road Runners	m	M35	05:22:59	136
349	grant vernon		m	M35	05:23:27	137
145	Dave hillier		m	M45	05:24:55	138
49	Martyn Chrystie		m	M30	05:25:17	139
148	Justin Horrocks	Nuclear Races	m		05:25:23	140
32	Lee Britton		m	M45	05:26:24	141
296	Jasmine Sandalli	Clapham Chasers	w	W30	05:26:47	142
272	Alison Ramsey		w	W30	05:26:49	143
393	Matt Yorke		m	M40	05:27:59	144
14	Steve Baker		m	M35	05:28:00	145
250	Tina O'Shea	Mud Crew Trail Runners	w	W50	05:28:26	146
65	Bryan Darney	Goring Road Runners	m	M60	05:28:28	147
245	Helen Nesbitt	Yeovil Town RRC	w	W35	05:28:37	148
385	Diane Winterburn	Rochdale Harriers	w	W50	05:28:49	149
386	Mike Winterburn		m	M40	05:28:49	150
270	Alex Ralton	Chippenham Harriers	m	M45	05:28:58	151
257	Sue Pearson	Goring Road Runners	w	W40	05:29:09	152
43	Emma Challis	Fetch Everyone Running Club	w	W40	05:29:28	153
402	Verity Aldros		w	W55	05:30:47	154
282	Elizabeth Roberts	City of Salisbury A&RC	w	W45	05:31:19	155
110	Bernard Genge	Chard	m	M50	05:31:19	156
98	GRAHAM FILMER	Poole AC	m	M50	05:31:39	157
87	Emma Elliott	Maiden Newton Runner	w	W40	05:32:46	158
338	Nick Thorpe		m	M40	05:33:09	159
174	Stephen Ferris		m	M45	05:33:56	160
233	Matt Morten		m	Men	05:33:58	161
34	Van Bryant	Egdon Heath Harriers	m	M40	05:34:03	162
332	David Taylor		m	M50	05:34:45	163
278	Joseph Reed	Zoom Tri Club	m	Men	05:34:46	164

213	Andy Mear	Chard Road Runners	m	M45	05:34:51	165
76	Addie douglass	Chard Road Runners	w	W35	05:34:51	166
408	Nancy Harding	Thornbury Running Club	w	W50	05:35:21	167
33	Clare Brun		w	W35	05:35:21	168
354	Nina Wagstaff	Chard Road Runners	w	W35	05:35:21	169
379	Jo Williams	Thornbury Running Club	w	W35	05:35:21	170
91	Patricia Everitt	Bournemouth Joggers	w	W55	05:35:29	171
111	Bruce Ghinn	Lytchett Manor Striders	m	M45	05:36:42	172
95	eric fergusson		m	M30	05:36:43	173
80	Bruce Chapman	White Star Running	m	M45	05:36:46	174
75	richard dodge	Yeovil Town RRC	m	M55	05:37:31	175
295	Stephen Sampson	Running Forever RC	m	M40	05:37:53	176
244	Lesley Nesbitt	Yeovil Town RRC	w	W65	05:38:15	177
133	Lisa Hatchard	Exmouth harriers	w	W40	05:38:29	178
369	DERRY WHITEHEAD		m	M50	05:38:47	179
170	Danny Kay	100 Marathon Club	m	M70	05:38:49	180
407	Victoria Dick	Fetch Everyone Running Club	w	W45	05:39:10	181
160	Matt Iles	Kingswood triathlon club	m	M40	05:39:42	182
127	Paul Haig	Bournemouth AC	m	M45	05:40:14	183
355	Jenny Walker-Leach	Lytchett Manor Striders	w	W40	05:40:45	184
350	Mr Paul Viney	Poole Runners	m	M45	05:40:45	185
246	Heather Nethercott	Lytchett Manor Striders	w	W50	05:40:45	186
384	Luke Wines	Poole Runners	m	Men	05:40:47	187
179	Natalie Knight	New Forest Runners	w	W35	05:41:10	188
121	michelle griffiths-reeve	Cambridge Spartans	w	W35	05:41:10	189
70	Leila Rose		w	W45	05:42:34	190
247	Hamilton Ngan	Sphinx AC	m	M40	05:42:52	191
21	James Bennett		m	Men	05:43:03	192
273	Philip Rand	Petswood runners	m	M40	05:43:05	193
362	Greg Ward		m	M45	05:43:05	194
103	Paul Fraser	Chard Road Runners	m	M40	05:43:23	195
268	Keith Pullen	Egdon Heath Harriers	m	M55	05:44:21	196
139	Zoe Hayward	Maiden Newton Runners	w	W40	05:44:29	197

321	Charlie Spencer	Maiden Newton Runner	w	W50	05:44:29	198
315	Jim Smith	Somer AC	m	M35	05:45:55	199
169	Joanne Kaufman-Hill	Bideford AAC	w	W50	05:46:05	200
397	Simon Williamson		m		05:48:08	201
27	Nicky Bonfield		w	W50	05:48:30	202
26	Kevin Bonfield		m	M45	05:48:30	203
51	sarah clemence	Mud Crew Trail Runners	w	W45	05:48:37	204
7	Michael Alsworth	100 Marathon Club	m	M60	05:48:52	205
190	Simon Lock	Trail Running Association	m	M50	05:49:00	206
125	Andrew Hackland	Royal Navy Athletics Club	m	M40	05:49:01	207
39	Charlotte Carrivick		w	W35	05:49:07	208
105	Jeremy Furber	Southville RC	m	M50	05:49:36	209
215	Annalisa Merry		w	W40	05:49:44	210
378	Lisa Jackson	Striders of Croydon	w	W45	05:49:45	211
243	Ulen Neale	Headington Road Runners	m	M40	05:49:46	212
85	sharla elder	Worthing and District Harriers	w	W35	05:49:48	213
185	Julie lewis	Islwyn running club	w	W45	05:50:27	214
186	terry lewis	Islwyn running club	m	M55	05:50:27	215
6	Donna Allen	Hook Norton Harriers	w	W30	05:52:25	216
56	Kelly Cooper	Hook Norton Harriers	w	W30	05:52:25	217
389	Jessica Woolcott	Hook Norton Harriers	w	Women	05:52:25	218
71	Elaine Dean		w	W50	05:53:27	219
331	Steve Taplin		m	M55	05:53:30	220
274	lize Krislauka	VSK Noskrien	w	W40	05:53:49	221
400	Emily Hannom	100 Marathon Club	w	Women	05:54:01	222
192	BARRY LUIJBREGTS		m	M30	05:54:02	223
102	Paolo Francisco		m	M40	05:54:24	224
3	Jane Adlard	Stubbington green runners	w	W45	05:55:45	225
84	Matt EGNER		m	M35	05:56:05	226
277	Andy Rean	Plymouth Musketeers	m	M40	05:57:06	227
259	Tony Phillips	South Derbyshire Road Runners	m	M65	05:57:16	228
322	Paul Spooner	100 Marathon Club	m	M45	05:57:27	229
320	Luretta Spearing	Poole Runners	w	W35	05:57:27	230

284	Mr John Robinson	Egdon Heath Harriers	m	M50	05:57:28	231
254	Helen Page	Carn Runners	w	W40	05:57:28	232
325	Jane Stedman	100 Marathon Club	w	W50	05:57:29	233
78	martin draper	quantock harriers	m	M55	05:57:29	234
55	kate coombes	Runnymede	w	W35	05:57:49	235
141	Clive Hearn		m	M40	05:57:49	236
50	David Clare		m	M30	05:57:49	237
240	PHILOMENAROSE MURRAY		w	W40	05:58:10	238
357	laura wallace		w	Women	05:58:11	239
79	Liz Draper	West Hull Ladies	w	Women	05:58:21	240
220	Brian Mills		m		05:58:29	241
221	Paul Mingo	Bere Alston Trekkers	m	M40	05:58:30	242
146	Lesley Hitchen	Plymouth Musketeers	w	W45	05:59:13	243
242	Holly Nairn	Harlow Running Club	w	Women	06:01:15	244
401	Paul Kerrison	Harwich runners	m	M45	06:02:58	245
135	Dean Hatton	Lordshill Road Runners	m	M45	06:04:26	246
167	dean jones	Lordshill Road Runners	m	M40	06:04:26	247
394	Claire Young		w	W40	06:04:26	248
10	Ruth Archer		w	W30	06:04:26	249
382	Sian Williams		w	W35	06:04:34	250
395	Mark Zirbser	Farnham Triathlon	m	M45	06:04:59	251
396	Lucy Zirbser	Sandhurst Joggers	w	W35	06:04:59	252
119	Anwen Greenaway	Hook Norton Harriers	w	W35	06:05:21	253
69	Sorrel de la Hey	Langport runners	w	W40	06:05:40	254
48	Nicky Chrascina	Langport runners	w	W50	06:05:41	255
68	Danny de la HEy	Langport runners	m	M40	06:05:48	256
229	alex Montgomery		m	M40	06:07:36	257
300	Claire Scammell	Wimborne AC	w	W40	06:07:44	258
31	Ines Braun	Gillingham Trotters	w	W45	06:08:23	259
376	Jackie Wiggins	Phoenix Panthers	w	W40	06:08:30	260
326	SANDRA STEWART		w	W45	06:08:30	261
309	Sharon Simpson	Stubbington green runners	w	W40	06:08:54	262
42	victoria casson	Westbourne RC	w	W35	06:10:51	263



344	Eve Tully		w	W35	06:10:51	264
279	Julia Revill	Denmead Striders	w	W65	06:10:56	265
136	Jez Hayes		m	M35	06:11:39	266
104	Lisa Freeman		w	W30	06:12:48	267
371	Karl Whitfield	Lytchett Manor Striders	m	M35	06:13:19	268
28	Sarah Booker	Northbrook AC	w	W35	06:13:51	269
258	Liz Pharoah	Northbrook AC	w	W35	06:13:51	270
162	Angela Isherwood		w	Women	06:13:51	271
157	Caroline Hutchings	Abingdon AC	w	W30	06:14:35	272
191	david longdon		m	M40	06:15:35	273
134	anna hatton	100 Marathon Club	w	W40	06:17:40	274
343	Roy Tubman	Littledown Harriers	m	M35	06:23:20	275
163	Emine Ismail de sanchez	vegan runners	w	W50	06:24:12	276
367	Catherine Wernham	Fetch Everyone Running Club	w	W55	06:27:29	277
292	Paul Sahota	100 Marathon Club	m	M45	06:28:14	278
143	Barnaby Hicks	Yeovil Town RRC	m	M30	06:28:45	279
130	Catherine Hansford	UK Vegan Runners	w	W40	06:28:45	280
328	Catherine Yanfeng Sun		w	W45	06:32:11	281
66	Catherine Dawber	Chippenham Harriers	w	W35	06:32:44	282
181	Liz Laird	Chippenham Harriers	w	W45	06:32:45	283
73	Karen Doak	Tri-Anglia	w	W40	06:33:22	284
297	Paul Saunders	Tri-Anglia	m	M40	06:33:22	285
228	Richard Moffat		m	M50	06:35:20	286
29	Jon Boorman		m	M50	06:35:21	287
11	George Attard		m	M55	06:35:21	288
212	FIONA MCNELIS	Hart Road Runners	w	W40	06:35:21	289
64	Helen Crossland	Leighton Buzzard Athletics Club	w	W40	06:37:30	290
89	Rob Emery	North Norfolk Beach Runners	m	M45	06:37:30	291
93	Marisa Falcione	Falmouth Road Runners	w	W50	06:40:31	292
123	Malcolm Gumbrell	Winchester and District AC	m	M65	06:40:36	293
62	Matt Crake	Wakefield Triathlon Club	m	M35	06:41:56	294
358	Peter Ward	100 Marathon Club	m	M50	06:44:19	295
175	Lance King	Sandhurst Joggers	m	M40	06:45:53	296

197	emma lyon-wilson		w	W40	06:48:59	297
23	Robert Blake		m	M65	06:51:05	298
374	chris whittaker	Sandhurst Joggers	m	M55	06:51:06	299
253	Paul Ovenden		m	M45	06:51:06	300
218	Kat Miller		w	W40	06:51:11	301
171	Sheela Kennedy	Kenilworth runners	w	W35	06:51:23	302
301	Michael Scandrett	Kenilworth runners	m	M30	06:51:23	303
238	Jayne Mumford	Kenilworth runners	w	W50	06:51:23	304
129	Jo-Anne Hall		w	W30	06:51:32	305
261	Shopie Shaw		w	Women	06:51:32	306
260	Andy Pittman		m	M40	06:51:32	307
283	Melanie Roberts	Horsham Joggers	w	W40	06:51:40	308
313	Stuart Smith	Littledown Harriers	m	M50	06:51:41	309
316	Kate Smith		w	W45	06:53:34	310
88	Chris Ellison		m	M50	06:53:34	311
346	Craig Usher		m	M40	06:54:33	312
390	Simon Wright	Bracknell Forest Runners	m	M40	06:57:22	313
203	Lance Mason	Teignbridge Trotters	m	M55	06:57:42	314
161	Sally Ingledew	Teignbridge Trotters	w	W50	06:57:42	315
118	John Gray	Hart Road Runners	m	M60	07:03:00	316
329	Judith Sutherland	Hart Road Runners	w	W50	07:03:02	317
63	Anne Croft	Hart Road Runners	w	W50	07:03:02	318
30	Roger Bradshaw	Plymouth Musketeers	w	W50	07:05:13	319
398	Gabi Barrett		w	W45	07:07:51	320
114	Emma Gledhill		w	W40	07:09:17	321
158	Sarah Hutchins	Carn Runners	w	W40	07:16:09	322
288	Paula Rose	Daventry Road Runners	w	W45	07:23:07	323
159	Michelle Iddon	Daventry Road Runners	w	W50	07:23:07	324
403	Sam Clark	Stubbington green runners	m	M45	07:26:20	325
196	Tim Lupton	Purple Patch Runners	m	M40	07:41:12	326
142	Sandra Heryet	Hook Norton Harriers	w	W50	07:45:38	327
149	Gareth Horton	Sandhurst Joggers	m	M40	07:53:14	328
377	Graham Williams	Striders of Croydon	m	M50	08:13:33	329

144	Roz Higson	w	W40	08:14:50	330
337	CAROLYN THOMSON EASTER	w	W50	08:16:58	331
232	Thomas Morten	m	Men	08:16:59	332