

Race no.	name;	club;	sex; cat;	time;	position;
521	Steve Claxton	Poole Runners	m Seniors M40	00:44:29	1
586	Ian Luke	Poole Runners	m Seniors M40	00:44:48	2
412	John Towner		m Seniors M30	00:45:47	3
656	Steven Yates	Poole Runners	m Seniors M30	00:45:59	4
611	Jason Robbins	Poole AC	m Seniors M45	00:46:50	5
634	Rupert Tory		m	00:47:15	6
506	Tomasz Bednarz		m Seniors M30	00:48:36	7
624	Colin Somers	Poole Runners	m Seniors M40	00:48:58	8
655	Kevin Yates	Lordshill Road Runners	m Seniors M30	00:48:59	9
598	ian road	Somer AC	m Seniors M50	00:49:17	10
501	Matthew Bacon	RMPAC	m Seniors M35	00:51:08	11
518	Sarah Chaloner	Poole AC	w Seniors W45	00:51:18	12
526	Steve Cook	Poole AC	m Seniors M45	00:51:21	13
540	Jon Eveligh	Poole Runners	m Seniors M35	00:51:45	14
590	Mark McDonald	Stubbington green runners	m Seniors M40	00:52:11	15
550	Chris Guerrier	Poole Runners	m Seniors M60	00:52:34	16
640	Darren Moore	Poole AC	m	00:52:57	17
568	Simon Hunt	City of Salisbury A&RC	m Seniors M60	00:53:17	18
665	James Mccapperey	Westbourne RC	m Men	00:53:22	19
617	Rebecca Mingo	Bere Alston Trekkers	w Seniors W30	00:53:31	20
529	Nicholas Cooper		m Seniors M45	00:55:41	21
512	Andrew Bryden		m Men	00:55:55	22
504	Mark Becker	Teignbridge Trotters	m Seniors M50	00:56:24	23
601	Janice Palmer	Poole Runners	w Seniors W55	00:56:39	24
516	Frank Callaghan	South West Vets AC	m Seniors M55	00:57:03	25
633	Terry Haughey	Poole Runners	m Seniors M65	00:57:36	26
600	Gary Painting	Lordshill Road Runners	m Seniors M30	00:58:31	27
637	Antony Bevan	Poole Runners	m Seniors M35	00:58:32	28
629	Catherine Swinson	Lewes AC	w Seniors W50	00:58:51	29
577	Jim Kenderdine	Royal Manor of Portland AC	m Seniors M40	00:59:02	30
583	Alan Lewis	Poole Runners	m Seniors M65	00:59:13	31
544	Rober Frampton	Poole Runners	m Seniors M50	01:00:07	32

643	Andy Warren	SRC	m	Seniors M30	01:00:13	33
632	Annabel Thorne	Poole Runners	w	Seniors W35	01:00:20	34
532	Jon Crane		m	Seniors M45	01:00:28	35
547	Tony Gordon	Crewkerne R C	m	Seniors M60	01:00:33	36
628	Andy Stuckey		m	Seniors M45	01:01:12	37
615	Helen Guerrier	Poole Runners	w	Seniors W30	01:01:27	38
546	Aindreas Gilmore		m	Seniors M30	01:02:04	39
584	Liz Lewis	RMPAC	w	Seniors W40	01:03:10	40
659	Ian Tucker		m	Seniors M50	01:03:25	41
520	Graham Clark		m	Seniors M35	01:04:13	42
597	Khalil Ghabaee	Poole Runners	m	Seniors M50	01:04:17	43
602	Megan Perkins		w	Seniors W30	01:04:55	44
593	Dan Meineck	Lytchett Manor Striders	m	Seniors M35	01:04:55	45
582	Howard Lewis	Poole Runners	m	Seniors M40	01:05:12	46
649	Catherine Ingham	Poole Runners	w	Women	01:05:23	47
514	MATT BURROWS		m	Seniors M35	01:05:32	48
595	Kevin Mills		m	Seniors M45	01:05:53	49
573	Rona Jones	Poole AC	w	Seniors W40	01:06:26	50
563	Neil Williams	Poole AC	m	Seniors M40	01:06:28	51
638	Kevin Trowbridge	Westbourne RC	m	Seniors M40	01:06:38	52
626	Rebecca Story		w	Juniors U23	01:06:38	53
572	Andrew Isaac	Westbourne RC	m	Seniors M30	01:06:39	54
534	Mark Dawson	Poole AC	m	Seniors M45	01:06:41	55
502	Sharon Barlow	Poole AC	w	Seniors W45	01:06:57	56
548	Mr Andrew Gould	Eastleigh Running Club	m	Seniors M45	01:07:26	57
554	Lewis Hak		m	Men	01:08:20	58
525	NEIL COMLEY	Rebel Scum	m	Seniors M40	01:08:35	59
610	Andrew Robbins	City of Salisbury A&RC	m	Seniors M45	01:08:59	60
631	MIKE TERRY	Littledown Harriers	m	Seniors M65	01:09:09	61
647	Dave Williams	Rebel Scum	m	Seniors M40	01:09:16	62
557	Tom Handley	Yeovil Town RRC	m	Seniors M70	01:09:29	63
545	Charlene Gibson	City of Salisbury A&RC	w	Seniors W45	01:09:47	64
621	Paige Steve	Langport runners	m	Seniors M45	01:09:50	65

596	Joanne Moss		w	Seniors W40	01:09:59	66
500	Karen Willmington		w	Seniors W60	01:10:03	67
618	Izabela Shylock		w	Seniors W35	01:10:05	68
648	Darren Williams		m	Seniors M30	01:10:16	69
612	Linda Robson	City of Salisbury A&RC	w	Seniors W50	01:10:23	70
591	Verity Wright	Stubbington green runners	w	Seniors W45	01:10:43	71
551	Joanna Hague		w	Seniors W35	01:11:21	72
653	Carolyn Bell		w	Seniors W50	01:11:26	73
561	AMANDA HARRIS		w	Seniors W40	01:11:34	74
613	JANIS ROGERS	Westbourne RC	w	Seniors W40	01:11:41	75
662	Stephen Hills		m	Seniors M50	01:12:01	76
537	Anna Downing		w	Seniors W40	01:12:39	77
614	Dorothea Russell	Poole Runners	w	Seniors W50	01:12:51	78
652	Nicola Wilkins		w	Seniors W35	01:12:54	79
558	Ally Hanks	Purple Patch Runners	w	Seniors W45	01:12:58	80
589	CAROL MCCLOSKEY	Bournemouth Joggers	w	Seniors W50	01:12:58	81
599	David Olney	DSRA	m	Seniors M30	01:13:33	82
549	Lindy Gray		w	Seniors W30	01:14:16	83
607	Sharon Pugh	Dorset Sole Sisters	w	Seniors W50	01:14:33	84
627	Claire Stuckey	Bournemouth Joggers	w	Seniors W35	01:15:02	85
570	Tanya Hunt		w	Seniors W30	01:15:22	86
666	Gail Coverley		w	Seniors W60	01:15:36	87
592	clare Mckenna	Harwich runners	w	Women	01:15:56	88
503	Joanna Becker	Teignbridge Trotters	w	Seniors W50	01:16:03	89
509	Cleo Bishop-Bolt		w	Women	01:16:16	90
555	Jessica Hall	Wimbledon Windmilers	w	Seniors W35	01:16:24	91
594	David Melvin	Rebel Scum	m	Seniors M45	01:17:11	92
523	RICHARD COLEMAN		m	Seniors M55	01:17:55	93
538	Kathryn Dreyer	City of Salisbury A&RC	w	Seniors W55	01:18:46	94
505	carolynn bednall		w	Seniors W45	01:19:20	95
511	ANGELA BROWN	Poole Runners	w	Seniors W45	01:19:27	96
585	Sarah Longdon		w	Seniors W45	01:19:49	97
620	gemma Skinner	Littledown Harriers	w	Seniors W30	01:19:54	98

646	Stuart Wilkinson		m	Seniors M40	01:20:11	99
639	Sarah Turner	Westbourne RC	w	Seniors W30	01:20:28	100
664	Jo Peasland		m	Seniors M45	01:20:28	101
660	Diane Tucker		w	Seniors W45	01:20:58	102
556	Kaz Handley	Yeovil Town RRC	w	Seniors W50	01:21:05	103
560	Jennifer Wilkinson		w	Seniors W40	01:21:50	104
661	Laura Barrett		w	Teenagers (female)	01:21:53	105
588	Sharon Masters	Yeovil Town RRC	w	Seniors W40	01:21:58	106
569	Marilyn Hunt	City of Salisbury A&RC	w	Seniors W60	01:22:33	107
533	Justin Crittall		m	Seniors M30	01:22:47	108
616	Claire Shiell		w	Women	01:22:47	109
651	Catherine Wiseman		w	Women	01:23:10	110
553	Gill Hak		w	Seniors W50	01:24:18	111
609	Inga Rasmene		w	Seniors W40	01:25:10	112
663	Vinson Lee		m	Seniors M40	01:26:51	113
645	Joanne Wetton		w	Seniors W40	01:27:34	114
515	Lesley Byrne		w	Seniors W50	01:29:16	115
517	Lorraine Cerquella	Poole AC	w	Seniors W35	01:29:34	116
574	CLAIRE Karnatz	Poole AC	w	Seniors W55	01:29:35	117
564	Graham Smith		m	Seniors M50	01:29:38	118
536	Christopher Dean		m	Seniors M45	01:30:38	119
531	Sarah Crake	Wakefield Triathlon Club	w	Seniors W30	01:31:49	120
542	Melanie Ferris		w	Seniors W45	01:32:23	121
644	Shaun Watson		m	Seniors M45	01:32:36	122
608	Kay Pulsford	Crewkerne R C	w	Seniors W50	01:32:55	123
539	Adrian East	Crewkerne R C	m	Seniors M50	01:32:55	124
657	JH Pablo Kim Lee		m	Seniors M40	01:33:13	125
580	Ellie Leger		w	Seniors W35	01:35:31	126
566	Karen Hummel		w	Seniors W35	01:38:03	127
567	Phillip Hummel		m	Seniors M45	01:38:03	128
578	Christie Kim		w	Seniors W35	01:38:08	129
513	Steve Buller	Poole AC	m	Seniors M45	01:40:22	130
635	Jenny Trayford	Zoom Tri Club	w	Seniors W40	01:40:22	131

641	Gary Tyler	Poole AC	m	Seniors M40	01:40:24	132
576	Georgina Keenan		w	Seniors W45	01:42:31	133
658	Kate Shaw	BCRC	w	Seniors W40	01:42:31	134
507	Vicky Berry		w	Seniors W50	01:44:26	135
623	Amanda Smart	Poole AC	w	Seniors W50	01:45:06	136
524	Melanie Coles	Poole AC	w	Seniors W50	01:45:06	137
565	Jackie Lowe	Poole AC	w	Seniors W55	01:45:07	138
636	Donna Trevett	Poole AC	w	Women	01:45:07	139
527	Sarah Cook		w	Seniors W35	01:46:29	140
606	Helen Poore		w	Seniors W55	01:59:13	141